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November 15, 2018

here are the APSS e-news.

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Journal Highlights

by ASJ Editorial Board Members

OUTCOMES AND PROGNOSIS OF NEUROLOGICAL DECOMPRESSION AND STABILIZATION FOR SPINAL METASTASIS: IS ASSESSMENT WITH THE SPINAL INSTABILITY NEOPLASTIC SCORE USEFUL FOR PREDICTING SURGICAL RESULTS?

Palliative decompression and stabilization could improve the quality of life of patients with spinal instability and neurologic compromise caused by a metastatic tumor. Although several tools have been used to predict postoperative outcomes, spinal instability neoplastic score (SINS) is regarded as an effective surgical outcome indicator. Previous studies proved that SINS is useful to predict neurological improvement following surgery. However, this study aimed to evaluate the efficacy of SINS in predicting patient survival.

Survival could be determined by a number of complex factors, such as primary origin, tumor burden, character of the tumor (slow or fast growth), other possible treatment options, and the will of patients. Hence, it is almost impossible to determine the direct relationship between SINS and survival. The authors also pointed out that the irregular distribution of primary origin of cancers, especially for lung cancer, known as an indicator of poor survival, could lead to difficulty in predicting the outcome. Furthermore, poor SINS indicates the progression of the disease itself, which may be difficult to detect. However, it is essential to assess the difference of survival time using SINS, which is an important prognostic factor for patients with cancer. Further studies with larger sample sizes need to be conducted to obtain a definitive conclusion.

Read the full article of the reviewed publication here

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Highlights

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** APSS Fellowship Programmes 2019

Application deadline : 1 Jan 2019.

Click HERE for more info

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** APSS-PSS Davao Operative Course

6 - 8 Dec 2018

Check out the course programme!

Click HERE for more info

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** APSS Nha Trang Operative Course

25 - 27 Mar 2019

Mark your calendar!

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APSS Diary of Events

Keep yourself up-to-date with APSS future events.

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Call for Submission: APSS Collaborative (Spine) Research Proposal

Have a research project that would like to include participation from spine surgeons in the Asia Pacific?

We would like to hear from you!

Download and complete the submission form!

Click [HERE](#) for more info

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